

Social Science

# Our Environment

Textbook in Geography for Class VII



राष्ट्रीय शैक्षिक अनुसंधान और प्रशिक्षण परिषद्  
NATIONAL COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING

## Foreword

The National Curriculum Framework (NCF), 2005, recommends that children's life at school must be linked to their life outside the school. This principle marks a departure from the legacy of bookish learning which continues to shape our system and causes a gap between the school, home and community. The syllabi and textbooks developed on the basis of NCF signify an attempt to implement this basic idea. They also attempt to discourage rote learning and the maintenance of sharp boundaries between different subject areas. We hope these measures will take us significantly further in the direction of a child-centred system of education outlined in the National Policy on Education (1986).

The success of this effort depends on the steps that school principals and teachers will take to encourage children to reflect on their own learning and to pursue imaginative activities and questions. We must recognise that, given space, time and freedom, children generate new knowledge by engaging with the information passed on to them by adults. Treating the prescribed textbook as the sole basis of examination is one of the key reasons why other resources and sites of learning are ignored. Inculcating creativity and initiative is possible if we perceive and treat children as participants in learning, not as receivers of a fixed body of knowledge.

These aims imply considerable change in school routines and mode of functioning. Flexibility in the daily time-table is as necessary as rigour in implementing the annual calendar so that the required number of teaching days are actually devoted to teaching. The methods used for teaching and evaluation will also determine how effective this textbook proves for making children's life at school a happy experience, rather than a source of stress or boredom. Syllabus designers have tried to address the problem of curricular burden by restructuring and reorienting knowledge at different stages with greater consideration for child psychology and the time available for teaching. The textbook attempts to enhance this endeavour by giving higher priority and space to opportunities for contemplation and wondering, discussion in small groups, and activities requiring hands-on experience.

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*Director*

New Delhi  
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National Council of Educational  
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# Textbook Development Committee

## **CHAIRPERSON, ADVISORY COMMITTEE FOR TEXTBOOKS IN SOCIAL SCIENCE AT THE UPPER PRIMARY LEVEL**

Hari Vasudevan, *Professor*, Department of History, University of Calcutta, Kolkata

## **CHIEF ADVISOR**

Vibha Parthasarathi, *Principal (Retd.)*, Sardar Patel Vidyalaya, New Delhi

## **MEMBERS**

Anindita Sarkar, *Lecturer*, Miranda House, Delhi University, Delhi

Anshu, *Reader*, Kirorimal College, University of Delhi, Delhi

Ekta Sindhu, *PGT*, Indus Public School, Rohtak

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Rekha Lohan, *PGT*, Motilal Nehru School of Sports, Rai

Samita Dasgupta, *PGT*, Anandalaya, Anand, Gujarat

Syamala Srivatsa, *TGT*, Sardar Patel Vidyalaya, New Delhi

## **MEMBER—COORDINATOR**

Tannu Malik, *Lecturer*, Department of Education in Social Sciences and Humanities, NCERT, New Delhi





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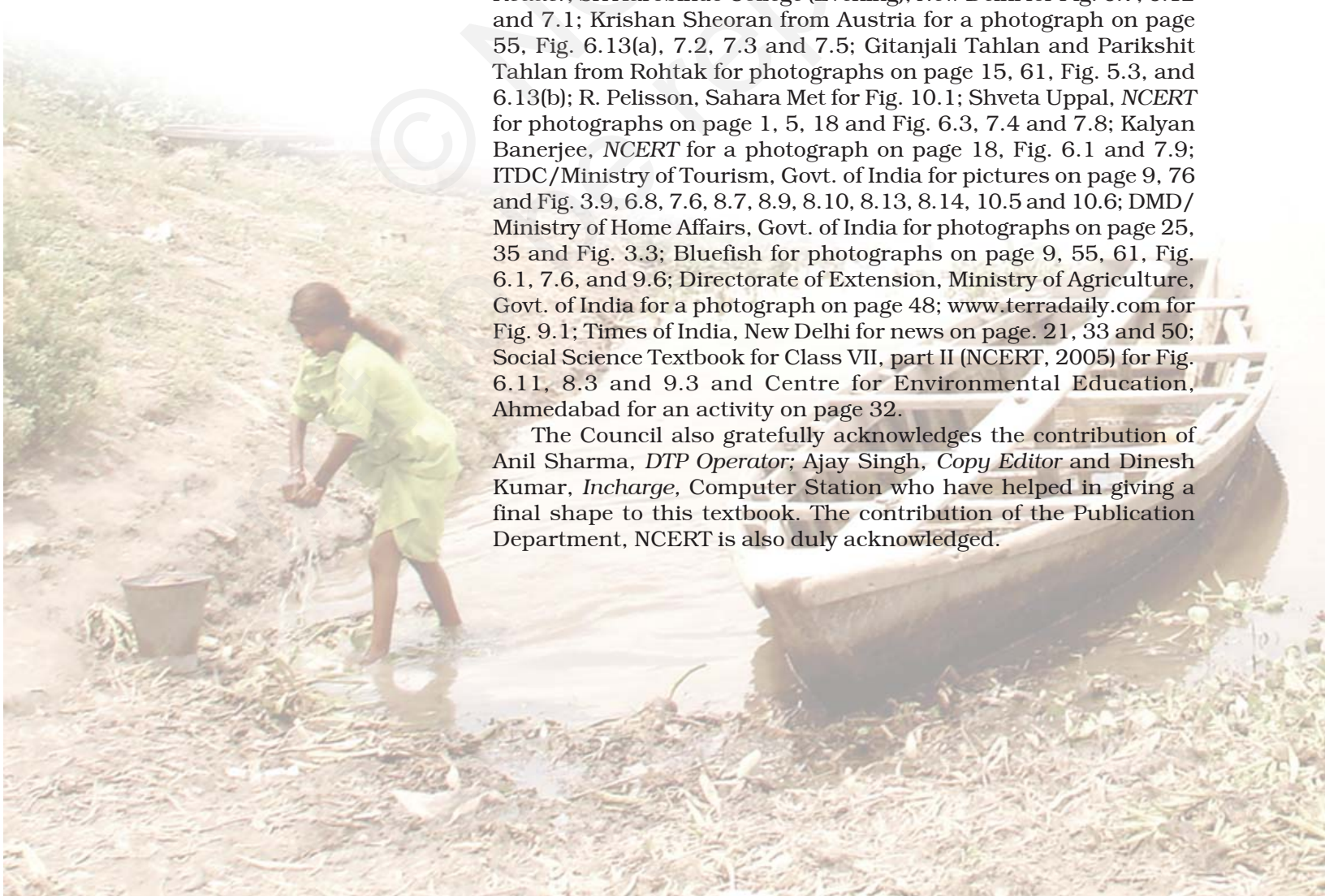
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**The following are applicable to all the maps of India used in this textbook**

1. © Government of India, Copyright 2006
2. The responsibility for the correctness of internal details rests with the publisher.
3. The territorial waters of India extend into the sea to a distance of twelve nautical miles measured from the appropriate base line.
4. The administrative headquarters of Chandigarh, Haryana and Punjab are at Chandigarh.
5. The interstate boundaries amongst Arunachal Pradesh, Assam and Meghalaya shown on this map are as interpreted from the "North-Eastern Areas (Reorganisation) Act.1971," but have yet to be verified.
6. The external boundaries and coastlines of India agree with the Record/Master Copy certified by Survey of India.
7. The state boundaries between Uttaranchal & Uttar Pradesh, Bihar & Jharkhand and Chhattisgarh & Madhya Pradesh have not been verified by the Governments concerned.
8. The spellings of names in this map, have been taken from various sources.





Nirmalya Chakraborty, College of Art, New Delhi

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